2006 PREVENTIVE HEALTH SCREENINGS FOR CHILDREN

ASK YOUR DOCTOR ABOUT THESE PREVENTIVE SERVICES

Preventive health care services can help your children increase their chances of living a longer and healthier life. Basic recommendations for preventive pediatric health care include regular checkups, tests, and immunizations. The following chart provide guidelines for you to help ensure that your child receives the correct health care services.

PROCEDURE	RECOMMENDED AGES
Medical History (Initial/Interval)	• Newborn through age 21
Height and Weight	• Newborn through age 21
Head Circumference	• Newborn through age 2
Blood Pressure	• Ages 3 through age 21
Vision (as indicated by the patient's history)	• Newborn to 24 months; ages 11, 13, 14, 16, 17; and at ages 19 through 21
Vision tests (done by a standard testing method)	• Ages 3 to 10 years and at ages 12, 15, and 18 years
Hearing (as indicated by the patient's history)	• Newborn to 3 years; ages 11, 13, 14, 16, 17; and at ages 19 through 21
Hearing (done by a standard testing method)	• All newborns; ages 4 to 10 years; and at ages 12, 15, and 18 years
Developmental Behavioral Assessment	• Newborn to age 21
Physical Examination	• Newborn to age 21
Hereditary/Metabolic screening	• Newborn to age 1 month
*Lead Screening	• Ages 9 to 12 months and age 24 months for patients at risk
Hematocrit or Hemoglobin (Blood Tests)	• Once between ages 9 months and 12 months • 15 months to 5 years for patients at risk • Annual screenings for menstruating female adolescents between ages 11 through 21
Urinalysis (Urine testing)	• Once at age 5 and at age 16 • Ages 11 to 21 years - annual dipstick for leukocytes for sexually active male and female adolescents
*Tuberculin Test	• Ages 12 months to 21 years for patients at high-risk
*Cholesterol Screening	• Ages 24 months to 21 years for patients at high-risk
*STD Screening	• Ages 11 to 21 years for all sexually active patients
*Pelvic Exams	• Ages 11 to 21 years for all sexually active females (should also include pap smear for sexually active females ages 18 to 21 years)
Sleep Positioning Counseling	• Newborn to 6 months
Nutrition Counseling	• Newborn to age 21
Violence and Injury Prevention Guidance	• Newborn to age 21
Dental Referral	• Ages 12 months to 3 years (earlier initial exams may be appropriate for some children) • Subsequent examinations to be prescribed by Dentist

*To be preformed for patients at risk

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